

Holly Navarrete, LCSW
LCS #18729
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POLICIES FOR PSYCHOTHERAPY AND COUPLES THERAPY: Issues are addressed in a guided and structured manner. The therapist will recommend homework in and out of therapy to help identify communication patterns and problem solve with the client to help develop safe and appropriate coping strategies and solutions.

INDIVIDUAL THERAPY: Individual issues are worked on in a personal growth setting. Problems with anxiety, depression, anger, self-esteem, and communication are some of the issues treated. Results are not guaranteed due to other factors involved in the success rate of these programs. (ie., level of motivation, attendance, desire for growth, and completing homework)

*The fee for a psychosocial assessment is, \$165.00. (First time appointment)

*The standard session fee is \$150.00

*LCSW does not recommend custody of children or complete court reports for family law issues.

*Your insurance has agreed to pay ____ for the session. Copay ____ Deductible ____

*Your hour is reserved for you. A cancellation notice of 24 hours is required to avoid being charged a fee of \$100.00. If there are more than two no shows and/or same day cancellations within a short period of time, it may affect the continued delivery of service.

*Your confidential information will be protected at all times and a written release for the sharing of information is required.

*The exception to this rule is when child or elder abuse is suspected or when you may be a danger to yourself and/or another person, or others.

*Therapists are encouraged to routinely have supervision/consultation sessions for growth, feedback, and excellence. Confidentiality is waived for this specific purpose.

*I have received the 4 page HIPAA: Notices of Privacy Practices.

*I have received a copy of the above-mentioned policies.

*I consent and agree voluntarily to participate in therapy with, Holly Navarrete, LCSW.

Client signature: _____

Parent's signature: _____

Date of signature: _____